

# Breakthrough Strategies to Teach and Counsel Troubled Youth

*Your Problem Kid Problem-Solver Workshops*  
General Session, On-Site, Online Workshops, Books, & Posters

## Hundreds of the Newest & Best K-12 Solutions

for Apathy, Defiance, Work Refusal,  
Misconduct, ADHD, Emotional  
Problems, Behavior Problems,  
Conduct Disorder, Underachieving  
Students, O.D.D. & more

From Veteran Author and Trainer  
Ruth Herman Wells, M.S.



## Yes! You can turnaround very unmotivated, troubled, and violent K-12 children and youth

- You'll learn exactly what to say and do to prevent and manage behavioral, social, emotional, and school problems
- You'll master new methods that help even the most difficult and troubled students reach academic, behavioral, and social goals
- You'll master innovative, state-of-the-art, social-emotional techniques designed to work when conventional approaches fail
- You'll spend less time on behavior problems, and wondering what to do to help students succeed— even students who refuse to work and apathetic kids

## Bring us your most serious "kid problems" Get immediate, problem-stopping answers

Every minute of this course is packed with real-world solutions to prevent or improve your students' behavioral, emotional and social problems. We have surprising motivation-makers, effective attendance-builders, and violence prevention tools so new they weren't included in your training. Plus, you'll learn state-of-the-art, more effective methods for mainstream and special ed students who refuse to work, bully others, are gang-involved, traumatized or withdrawn.

## The **BEST** solutions for your **WORST** problems

If you work with students aged 5 to 18 who misbehave, refuse to work in school, are angry, apathetic, delinquent, depressed, defiant, or have ADHD or Asperger's, you'll use every one of the 200 innovative strategies packed into this workshop. If you're a teacher, special educator, counselor, justice worker or social worker, this intensive training immediately makes working with difficult kids less difficult.

"A fabulous, life changing two days."  
—Bernadette Ostrozovic, Teacher,  
Indianapolis IN

"5 hours on the freeway! Returned second day despite traffic. Your information brought me back." —Judi Hynan, Counselor, Lancaster CA

Seattle April 18-19, 2019

Portland Oct. 10-11, 2019

Online & On-Site Workshops

\$55 College Credit, Most CEUs Are Free

Scholarships: 800.545.5736

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# Youth Change Workshops

## Breakthrough Strategies to Teach and Counsel Troubled Youth Series

The powerful intervention lesson series by Ruth Herman Wells, M.S., delivers the fastest methods to turnaround troubled youth. Each book has 20 lessons, many with handouts. Save \$49: Order the set when you register— see order form and choose \$259 registration fee. Available as paperbacks, or instantly as ebooks at www.youthchg.com. \$15 each, \$139 set of 11 books.

Save \$49 on the Breakthrough Series

Order a set when registering

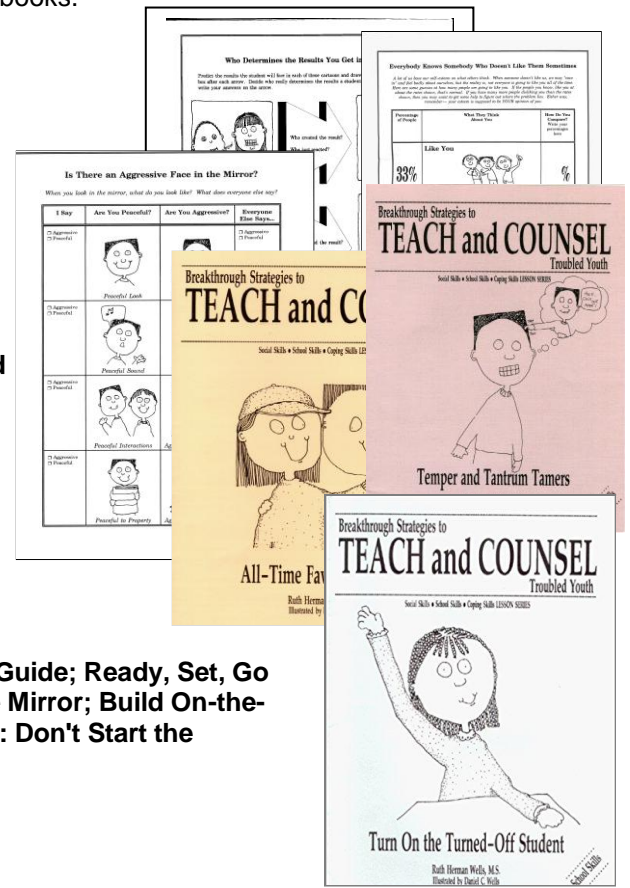
**Turn On the Turned-Off Student**  
 Maximum-Strength Motivation-Makers  
 Putting Aside Problems During School  
 Even Rock Stars Need School *plus 17 more lessons*

**Temper and Tantrum Tamers**  
 Outside Anger That Comes to School  
 Spot Aggression Before It (Or You) Strikes  
 Turn Down the Heat at Home *plus 17 more lessons*

**What Every Girl Needs to Know About the Real World**  
 Does a Girl Need a Guy Like a Fish Needs a Bicycle?  
 You Probably Can't Name the #1 Girls' Problem  
 Staying Safe, Starting Now *plus 17 more lessons*

**A Child's Guide to Surviving in a Troubled Family**  
 There's an Alcoholic/Addict in Our Family  
 Nobody Asked Me if I Wanted a Divorce  
 Abuse is Never Your Fault *plus 17 more lessons*

The series also includes: **Last Chance School Success Guide; Ready, Set, Go for Independent Living; Learning to Like the Kid in the Mirror; Build On-the-Job Success Skills; Coping Skills Sampler; Education: Don't Start the Millennium Without It; and All-Time Favorite Lessons.**

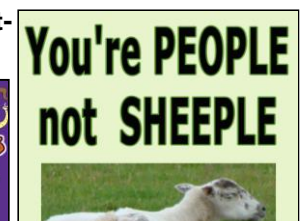
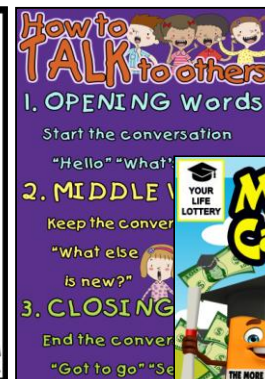
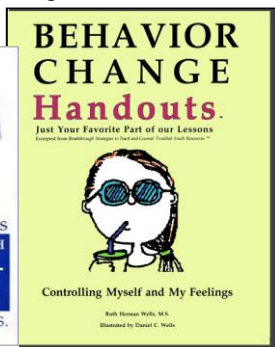
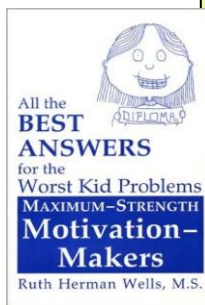


## Surprising, Must-See Behavior Posters and Problem-Stopping Books

All books are also available as ebooks at our site. **The Quickest Kid Fixer-Uppers Book Series** has fast answers for specific problems. **The Best Answers for the Worst Kid Problems Series** has 3 volumes: **Maximum-Strength Motivation-Makers, Conduct Disorders and Forgotten Favorite Strategies.** Our **Behavior Change Handouts** books and startling \$11 posters rapidly change behavior. Books \$15-\$28.

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# Live, Online & On-Site Workshops

## Breakthrough Strategies to Teach and Counsel Troubled Youth Workshop

If your training didn't fully prepare you to work with today's students, the *Breakthrough Strategies Workshop* has the updated tools you need. You'll receive innovative, problem-stopping, new methods designed to work when conventional approaches fail. You'll learn 200 of the most powerful strategies that exist—methods too new to have been part of your training. College credit and CEUs offered; see back page.

### Coping Skills Problem-Solvers

Get the latest methods and tools to prevent or manage trauma, apathy, substance abuse and negativity. These innovative methods are more effective than conventional approaches, and can end the guessing about how to manage emotional problems. You'll learn dozens of violence prevention methods, temper and tantrum tamers, impulsiveness-busters, and how to help withdrawn, abused and depressed students.

### School Skills Problem-Solvers

If you work with kids who don't act like students, then you need our surprising strategies to turnaround youth in school/job training. You'll discover how to stop the absences, disruption, work refusal, apathy, and non-compliance. Plus, you'll get maximum-strength motivation-makers that you'll use every day, along with surprising, unexpected methods to manage ADD, ADHD, disrespect, and Asperger's-affected students.

### Social Skills Problem-Solvers

Many youth look, act and sound like they lack social skills. This workshop is the place to get the newest and best methods to teach personal space and distance, accountability, opposite-gender interaction skills, diversity skills, and positive peer interaction. You'll also get essential information on managing conduct disorders, bullies, gang-involved youth, and delinquents.

**Instructor:** Veteran trainer Ruth Herman Wells M.S. is the author of 21 books. Ruth was named a top 10 U.S. Education Speaker by SpeakerMix in 2011. Ruth knows "all about disruptive kids," says *The Portland Oregonian*. She managed model youth programs; her work has been featured in *The Orlando Sentinel*, *The Child Welfare Report*, and *Adolescence Magazine*. Ruth has trained thousands of teachers, counselors, and justice workers throughout North America. Ruth's lively presentation style is compelling and unforgettable.

**Workshop Schedule:** *Day 1:* Introduction, Favorite Interventions, Coping Skills Strategies. *Day 2:* School and Social Skills Strategies. Total 200 new strategies, 10 hours.

**Online Workshops:** The Online Breakthrough Workshop has 10 free CEUs and \$55 college grad credit. Get other online classes on motivation, violence and more for \$39 with free CEUs: [youthchg.com/webinar](http://youthchg.com/webinar).

## Bring the Breakthrough Strategies Workshop to Your Site

Working with difficult kids doesn't have to be so difficult. Make the 1 or 2 day investment that delivers immediate results. Your staff's most serious "kid problems" will be answered on the spot with specific solutions. This workshop isn't just a "crash course" to build updated skills, it also builds empathy and patience— even for your most difficult youngsters. College credit and CEUs available. Save time, travel, and money. Plus, this class is a terrific fund-raiser when you host a class and charge others to attend. Train your team and build your budget. Call 800.545.5736 or visit [www.youthchg.com](http://www.youthchg.com) to learn more about the hundreds of innovative answers we can bring to your site.

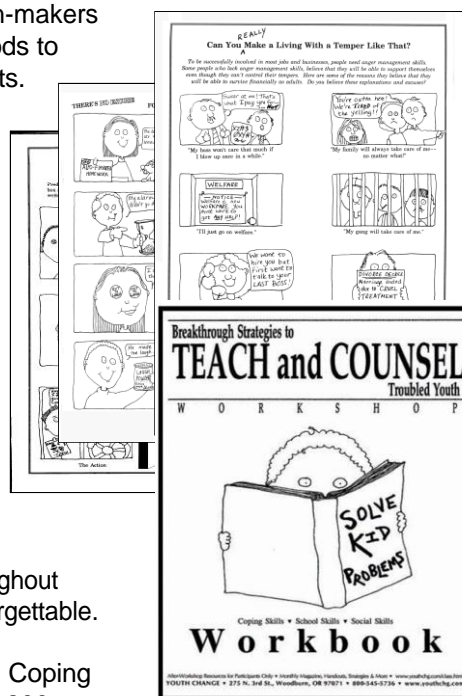
**"Fantastic. A plan that could revolutionize the nation's education system." –Bill Barnum, Psychologist, Oregon**

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# Youth Change

Your Problem Kid Problem-Solver Workshops

275 N. 3rd St, Woodburn, OR 97071-4705 • 800.545.5736 • www.youthchg.com

## Breakthrough Strategies to Teach and Counsel Troubled Youth WORKSHOP



Hundreds of innovative, immediate answers for trauma, violence, defiance, ADD, work refusal, poor motivation, school failure, & more.

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### Registration & Ordering



Call: 800.545.5736 Fax: 503.982.7910  
Mail: 275 N. 3rd St; Woodburn, OR 97071

E-Mail: dwells@youthchg.com Visit: www.youthchg.com

Registration: 9 AM Workshop: 9:30 AM - 4 PM\* \*Seattle 8:30-3 Fri.  
Fee: \$169 two days, \$259 two days with book set, \$129 one day

Portland OR Oct. 10-11, 2019, Marriott Courtyard, 15686 SW Sequoia Pkwy., Tigard  
Seattle WA April 18-19, 2019, Holiday Inn, 19621 International Blvd., SeaTac

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**On-Site Sessions Save Money!** Call about training your whole team.  
**Online Classes From \$39:** Free CEUs, credit \$55; www.youthchg.com/webinar  
**Half-Price \$84 Work-Study Slots:** Call 800.545.5736 for financial aid, group rates.  
**Special, Low Hotel Guest Room Rates:** Call hotel, mention Youth Change.  
**Refunds:** Until 35 days before class, less \$55. Change class/attendee anytime, no fee. We reserve right to reschedule without liability for weather, etc. as necessary.  
**College Credit:** 1 grad credit Live or Online: Seattle Pacific Univ. \$55.  
**CEUs:** OR: 20 Educ. PDUs (Live/Online with college credit) or 10 PDUs without credit. Designed to meet requirement for 10 Couns. hours (Live/Online). 10 Soc. Wk. hours. WA: 10 OSPI Teacher Hours Live/Online, \$25. 10 Free MFT, Psych, Soc. Wk. hrs., Live/Online.

### Registration & Order Form



#### Register

Check one:

2 Days \$169  2 Days & Book Set \$259  Thurs. \$129  Fri. \$129

Check one:

Portland  Seattle  
 Breakthrough Workshop Online (College credit/CEUs available) \$189

#### Order

<input type="checkbox"/> Set 11 Breakthr. Books \$139	<input type="checkbox"/> Personal Power Book(s) \$39
<input type="checkbox"/> Online Brkthr. Workshop \$189	Specify Titles _____
<input type="checkbox"/> All-Time Favorites \$15	<input type="checkbox"/> Quickest Fixer Book(s) \$15
<input type="checkbox"/> A Child's Guide Family \$15	Specify Volume #s _____
<input type="checkbox"/> Build Job Success \$15	<input type="checkbox"/> All the Best Books(s) \$15
<input type="checkbox"/> Coping Skills Sampler \$15	Specify Titles _____
<input type="checkbox"/> Education: Millennium \$15	<input type="checkbox"/> Behavior Change Handouts \$28
<input type="checkbox"/> Last Chance School \$15	Specify Titles _____
<input type="checkbox"/> Learn to Like the Kid \$15	<input type="checkbox"/> Posters \$11
<input type="checkbox"/> Ready for Independ. \$15	Specify #s _____
<input type="checkbox"/> Temper Tamers \$15	Shipping: \$15 minimum order FREE
<input type="checkbox"/> Turn On Turned-Off \$15	Tax, if applicable \$ _____
<input type="checkbox"/> What Girl Needs \$15	Order Total \$ _____

Checks/Purchase Orders Payable  
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Name \_\_\_\_\_ Phone \_\_\_\_\_ Fax \_\_\_\_\_  
Agency \_\_\_\_\_ I heard about Youth Change from \_\_\_\_\_  
Address \_\_\_\_\_ Email \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Credit Card/P.O. # \_\_\_\_\_  
Expires \_\_\_\_\_ Signature \_\_\_\_\_