Breakthrough Strategies
for Youth & Child Behavior and Motivation

Workbook

After Workshop Resources for Participants Only: www.youthchg.com/class

YOUTH CHANGE • 275 N. 3rd St., Woodburn, OR 97071 • 800-545-5736 • www.youthchg.com
Every Second of Grades 1 to 12 Pays!

$.006 more per second
$.42 more per minute
$25 more per hour
$152 more per day
$3,048 more per month
$27,500 more per year

If you graduate elementary, middle and high school, you should earn $330,000 more per lifetime.
Just Who is Responsible for These Results?

A police officer arrests you for assault.  
Who is responsible?  
  □ Police □ You  
Who just responded as their job required?  
  □ Police □ You

The power company cuts your power due to late payments.  
Who is responsible?  
  □ Company □ You  
Who just responded as their job required?  
  □ Company □ You

Your boss fires you because of your back talk.  
Who is responsible?  
  □ Boss □ You  
Who just responded as their job required?  
  □ Boss □ You

A landlord evicts you due to excessive damage.  
Who is responsible?  
  □ Landlord □ You  
Who just responded as their job required?  
  □ Landlord □ You

A police officer arrests you for illegal drug use.  
Who is responsible?  
  □ Police □ You  
Who just responded as their job required?  
  □ Police □ You

A boss disciplines you for being absent too much.  
Who is responsible?  
  □ Boss □ You  
Who just responded as their job required?  
  □ Boss □ You

A judge gives you jail time for stealing.  
Who is responsible?  
  □ Judge □ You  
Who just responded as their job required?  
  □ Judge □ You

The IRS rejects your tax form as unreadable and fines you.  
Who is responsible?  
  □ IRS □ You  
Who just responded as their job required?  
  □ IRS □ You

A building manager evicts you due to rule violations.  
Who is responsible?  
  □ Manager □ You  
Who just responded as their job required?  
  □ Manager □ You
some of the most successful people

EINSTEIN
albert
didn’t speak until he was four years old, bullied by other kids

DISNEY
walt
was fired from a newspaper for not having good ideas

ANGELOU
maya
parents divorced, was abused, was mute for years

LINCOLN
donald
lost 7 political races, went bankrupt, family evicted

SEUSS
doctor
his first children’s book was rejected 27 times by publishers

HONDA
sakihisa
did poorly in school, rejected by Toyota for a job

overcame some of the biggest failures
Is There an Aggressive Face in the Mirror?

When you look in the mirror, what do you look like? What does everyone else say?

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<th>I Say</th>
<th>Are You Peaceful?</th>
<th>Are You Aggressive?</th>
<th>Everyone Else Says...</th>
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CLAMOR

FOR A TECH CAREER

How to Fire Employees! What to Wear

New! Kitty Cat Tablet Covers

How to Find Apps That Help You Lose Weight!

Passwords That Make You Look Younger!

Data Loss or Weight Loss Which is more important?

You're the Boss! Of How Cute Your Screen Saver Is

37 Best Colors for Software!

5 Ways to Make Dates Not Data!

Fast Printers Men Can't Resist!
Sooner or Later, Will They Really Never Need School?

**THE ROCK STAR**
- Rock news
- Can't hear my wheelchair
- Their Pez dispenser

**THE MODEL**
- More news
- Stars marrying
- Steals a car
- Starts little main

**THE DRUG DEALER**
- More news
- Stars marrying
- Steals a car

**THE SPORTS STAR**
- More news
- Stars marrying
- Steals a car

**THE WIFE OF A WEALTHY MAN**
- Nasty news
- Wife of Wealthy Man broke
- Husband leaves all to Cash Cow

**THE GANG MEMBER**
- News headlines
  - Gangs gone
  - Former gangsters lack jobs
  - Some live on streets
  - Gang member shot
  - No news for [name]
Do You Have What It Takes to Be a Successful

SOLDIER?

WHAT THEY REALLY DO
Grueling Basic Training
Follow Orders
Work in Difficult Conditions
Learn to Fight & Defend Country
Perform Hard Physical Tasks
Work in Dangerous Conditions
Learn & Use Specific Job Skills
Follow Military Methods & Protocols
Become & Stay Physically Fit
Work in Difficult Conditions
Maintain Acceptable Appearance
Maintain Acceptable Conduct
Protect People, Things & Places
Show Courage, Respect, Loyalty

SKILLS NEEDED
High School Diploma
Adaptability
Task Completion
Teamwork
Punctuality
Language Skills
Coordination, Fitness, Health
Good Self-Control
Communication
Writing & Reading Skills
Good Endurance & Stamina
Obedience
Computer & Tech Skills
Math & Science Skills

Before they hit the big time, first they hit the books.
Are You Ready for Life in the Adult Lane? Quiz

Fill in the blanks completely.

1. I have sophisticated reading skills that permit me to read complicated forms such as rental agreements, loan applications, legal notices and housing assessment bills.
   TRANSLATE: The applicant hereby agrees and affirms to abate said egregious nuisance from the adjoining area abutting said site.

2. I have a firm understanding of math, logic and basic computation sufficient to understand state and federal tax forms, calculate monthly mortgage payments and understand how interest and credit are calculated.
   DETERMINE: Based on a monthly gross income of $2000, determine your annual net income, likely annual federal and state payroll withholding amount and the maximum monthly mortgage or rental payment you would likely qualify for through a traditional lender.

3. I have a solid education in a wide variety of areas such as Science and First Aid, that has thoroughly prepared me to handle the wide range of events and issues I will encounter throughout my life.
   TRANSLATE: You receive a call from your daughter Yolanda’s school saying that she may have ruptured her tibia in a fall. The school’s nurse practitioner recommends giving her 1 cc of a liquid acetaminophen generic or equivalent t.i.d. She also urges you to immobilize the affected area p.r.n. and locate a pediatric orthopedist that is part of your HMO if Yolanda’s status deteriorates.

4. I have a solid education in a wide variety of areas such as Industrial Arts and Home Economics, so I am well-prepared to handle the wide range of events and issues I will encounter throughout my life.
   DESCRIBE HOW TO REPAIR: Your son’s favorite blanket got entangled in your daughter’s ten-speed racing bike. The blanket is torn and he has cried for three hours asking you to fix it. The chain, hand brake and shifting functions are now not working on the bike and your daughter was planning to be in a bike race in a half hour.

5. I have a thorough education in a wide variety of areas such as Music, Art and Physical Education so I am well-prepared to handle the wide range of events and issues I will encounter throughout my life.
   ANSWER THESE QUESTIONS: You have almost obtained the job you’ve always wanted. All you must do now is meet the CEO so she can determine if you are someone who would fit into the organization. When you arrive at her office, she asks you if you like baroque music and asks you to select some from her extensive collection of various music styles to listen to while she quickly makes a call. When she returns, she talks about how important being a duffer is to her and asks you to tell her what your handicap is. She mentions that she plays at a club that is very nouveau and avant garde with an extensive collection of abstract art. She asks you to name your favorite abstract artist.

RATE YOUR EDUCATIONAL READINESS FOR ADULTHOOD:
5 Right .................. Looking Ready
4 Right .................. Getting Ready
3 Right .................. Need to Get Ready
2 Right .................. Start Studying
1 Right .................. Stay in School
0 Right .................. Don't Leave Home Without More Education
Find the Reason to Stay Home from School

I don't know what day it is
I have to go shopping
I missed the bus
I didn't hear my alarm
I have nothing to wear
I'm having a bad hair day
What Really Causes Anger?

Find the real sources of rage, and also find the targets of rage, that are often mistakenly labeled as sources. Sources of rage are the things that really make you mad through and through. Targets of rage are the things that you may get mad at, but are not really the main source of your anger, but become the target of your anger release. Under each frame of each cartoon strip, write whether the picture shows a source or target of rage.
Bring YOUTH CHANGE Solutions to Your Site

Request an On-Site Workshop Information Packet: Train all your staff affordably

- **Train all your staff:** Working with difficult students doesn’t have to be so difficult. Give your whole team the best answers for the worst student problems.

- **Our problem-stopping workshop can be your easy fund raiser:** Train your team and help your budget: Host a workshop and charge other sites and/or local youth professionals a fee to attend. College credit and CEUs available.

**YOUTH CHANGE Resources Bring Lasting Results**

- **Breakthrough Strategies Online Workshop:** Full 10 hours, college credit, CEUs

- **The Quickest Kid Fixer-Uppers Series:** *Volumes 1-4.* Books or eBooks

- **Breakthrough Strategies to Teach and Counsel Youth:** Books or eBooks
  - *Child’s Guide to Surviving in a Troubled Family*
  - *Learn to Like the Kid in the Mirror*
  - *Coping Skills Sampler*
  - *Build On-the-Job Success Skills*
  - *Last Chance School Success Guide*
  - *Turn On the Turned-Off Student Education: Don’t Start the Millennium Without It*
  - *What Every Girl Needs to Know About the Real World Ready, Set, Go! for Independent Living*
  - *Temper and Tantrum Tamers*
  - *All-Time Favorite Lessons*

- **All the Best Answers for the Worst Problems:** Books or eBooks
  - *Conduct Disorders ~ Maximum-Strength Motivation-Makers ~ Forgotten Favorite Strategies*

- **Behavior Change Handouts:** Books or eBooks
  - *Becoming a Motivated and Prepared Student ~ Controlling Myself and My Feelings*

- **Personal Power Series:** Books
  - *Succeeding With Self: Gaining Self-Control ~ Succeeding in School: Teacher Interaction Skills*
  - *Succeeding in School: Becoming an Effective Student ~ Succeeding With Others: Peer Interaction Skills*

**Plus More Online Courses, Books, eBooks and Behavior Change Posters:** [www.youthchg.com](http://www.youthchg.com)

Order by **PHONE** 1-800-545-5736  • **MAIL** 275 N. 3rd St, Woodburn, OR 97071  • **FAX** 1-503-982-7910  • **E-MAIL** dwells@youthchg.com  • **VISIT** [www.youthchg.com](http://www.youthchg.com)

| Set of all 11 Breakthrough Series Books | Turn On the Turned-Off Student |
| A Child’s Guide to Surviving in a Troubled Family | What Every Girl Needs to Know About Real World |
| All-Time Favorite Lessons | Quickest Fixer-Uppers Volumes 1-4 (Specify Volume # _________ ) |
| Build On-the-Job Success Skills | Behavior Change Handouts (Specify Volume Name ______________ ) |
| Coping Skills Sampler | Personal Power Series (Specify Volume Name ______________ ) |
| Education: Don’t Start the Millennium Without It | Posters (Specify Poster # ____________________ ) |
| Learning to Like the Kid in the Mirror | Breakthrough Strategies Online Workshop |
| Ready, Set, Go! for Independent Living | All the Best Answers: Conduct Disorders book |
| Temper and Tantrum Tamers | All the Best Answers: Motivation-Makers book |
| The Last Chance School Success Guide | All the Best Answers: Forgotten Favorites book |

Books, eBooks $15, Behavior Handouts $28, Set 11 Breakthrough books $139, Personal Power $39, Posters $11, Online Workshop $189

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