

'Strategies to Teach and Counsel Troubled Youth' workshop to be presented

Several local youth and mental health agencies have come together to sponsor a workshop they believe will help others more effectively deal with troubled youth.

To be held at the First Presbyterian Church in Newport on Nov. 11 and 12, the title of the workshop is "Break-through Strategies to Teach and Counsel Troubled Youth."

The workshop presenter, Ruth Herman Wells, is the author of 17 books, a frequent presenter at youth professional training conferences throughout North America, and featured on cable TV's "Mind Extension University."

Wells has developed methods designed to turn around unmotivated, absent, aggressive and/or withdrawn youth. More information about her techniques can be found on her website at www.youthchg.com.

Teachers, youth counselors, foster parents, court workers, mentors, special educators and job trainers will learn 200 of the newest strategies to prevent or stop apathy, delinquency, dropping out and violence at the work-



Ruth Herman Wells

shop.

Additional topics focus on building coping and social skills so that children learn and consistently use positive

ways of behaving and dealing with problems.

The agencies bringing this workshop to Lincoln County have seen a dramatic increase in youth who are unable to deal with even the most basic problems, often becoming substance abusers or criminal offenders. They hope that training adults to more effectively train youth will be a positive intervention for troubled youth in the community.

Workshop attendees may earn college or continuing education credits for attending the two-day session, in addition to receiving a workbook with problem-solving answers and intervention materials.

Cost of the workshop is \$65, which includes Thursday lunch. Portland Community College credit is offered for an additional \$40 processing fee. Day care will be provided for a nominal charge. A limited number of scholarships are available.

Registration is due by Oct. 15. For more information or a registration brochure, call Liz Fox at 867-4918.