

PUBLICATIONS

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Temper and Tantrum Tamers, Learning to Like the Kid in the Mirror, A Child's Guide to Surviving in a Troubled Family, by Ruth Herman Wells, M.S., are the latest titles in an ongoing series, "Breakthrough Strategies to Teach and Counsel Youth," which is geared toward mental health workers, foster parents and case managers. Each book offers step-by-step lesson plans and handouts. In particular, *Troubled Family* gives some good tips on approaching such difficult topics as incest. Youth workers may find the books better suited for young adolescents and may want to consult the series' titles for older youth, including **Ready, Set, Go! for Independent Living** and **Build On-the-Job Success Skills**. For **FREE** samples, call (800) 545-5736. \$12 each, plus \$3 postage and applicable state/local tax. Youth Change, 275 North Third Street, Woodburn, OR 97071-4705.

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