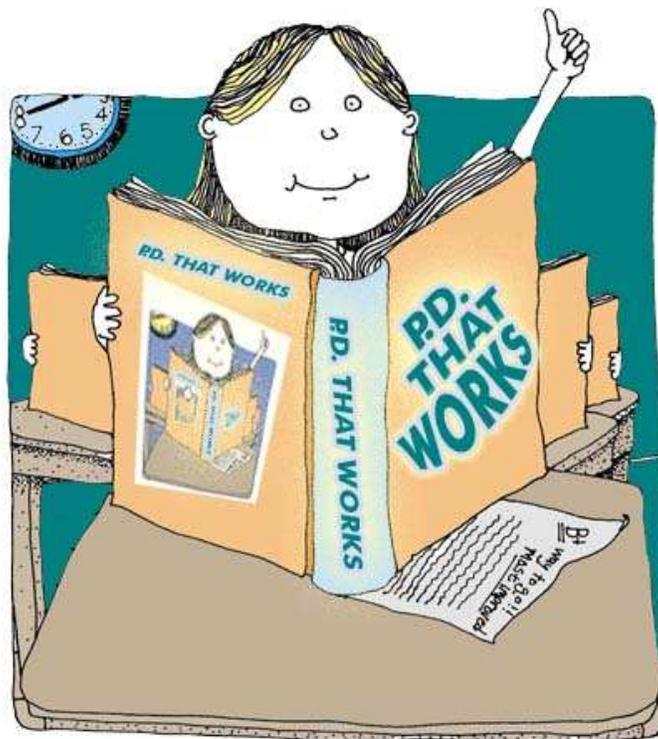


Breakthrough Strategies to Teach & Counsel Troubled Students Workshop



PROPOSAL

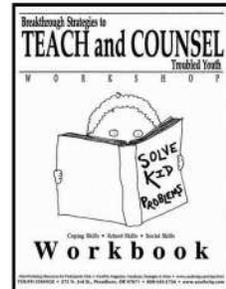
A Workshop for Counselors & Teachers
Who Work with Grades K-2

Youth Change Workshops

800.545.5736 | www.youthchg.com | 275 N. 3rd St, Woodburn OR 97071

INTRODUCTION

For 20 years, Youth Change Workshops has been the nation's leader providing professional development training that emphasizes the need for all counselors and teachers to become proficient in managing students' social, emotional and school concerns. Typically, 80% of teacher college training focuses on content, and a mere 20% addresses the social and emotional problems that dominate many classrooms. For counselors, much of their training can focus on older students, and not extensively address how to counsel students in the lower grades.



Youth Change's **Breakthrough Strategies to Teach and Counsel Troubled Students** offers counselors and teachers the newest, most effective interventions to work with Grades K-2 students who are struggling. This is training that many counselors and teachers report that they did not receive in college. For two decades this course has shown counselors and teachers how to prevent or manage young students' emotional, social, and school problems that impede learning. This course will offer counselors and others a vast array of interventions created to work with K-2, including play therapy, cartoons, experiential activities, games, contests, quizzes, scavenger hunts, art projects, and so on.

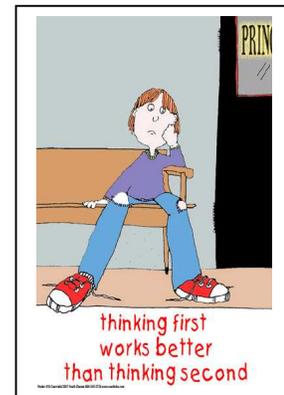


Your on-site workshop will be precisely customized to meet the needs of K through Grade 2 counselors and teachers, however this workshop can be easily tailored to include higher grades with no loss of impact for K-2. Since many older students don't read well, are distractible, and don't process information well, K-2 methods can be useful with older youngsters. Since some K-2 students are already quite world weary or older than their years, K-2 counselors and teachers will want to be able to have some of the interventions offered for use with students from higher grades. While this course is designed for counselors and teachers, it will also be beneficial for veteran teachers, special educators, alternative educators, teaching assistants, school

counselors, administrators, support staff, and anyone who struggles to manage and work with difficult and troubled children.

The **Breakthrough Strategies Workshop** has a 20 year history throughout North America. Many child treatment programs, school districts, therapist conferences, and social work agencies have sponsored our workshops. Among the sponsors are the El Paso Headstart, Oregon Council for Hispanic Achievement, Michigan Foster Parent Association, Washington State Primary Intervention Conference, the California Association of Counseling and Development, the Jefferson County School Counselors' Association, Rochester Mental Health Association Conference, Texas Association Substance Abuse Counselor Conference, Vancouver Education Service Center 112, The New Haven Children's Center, and Kotzebue Mental Health Conference. For two decades, this course has also offered college graduate credit and clock hours.

While Youth Change's **Breakthrough Strategies Workshop** is theoretically sound, this course does not offer more theory as many counselors and teachers have strong theoretical backgrounds. Instead, this seminar is primarily practical and results-oriented. All our interventions are devised to work around the challenges of communicating with, and effecting change with K-2 students. The methods (an example is shown at right) offered in this course were developed "in the trenches" with students like yours, and the results of these efforts were researched and documented in a variety of ways, including publication in the journal of the Center for Social Policy, and in other professional and national venues.



A 10 hour version of this seminar would provide approximately 200 strategies for whatever specific social, emotional, and school problems your staff identify. That makes the **Breakthrough Strategies Workshop** quite unique because your course participants will actually be able to set the agenda upon arrival. Once they name the problem areas that they face in their offices and classrooms, this workshop will deliver innovative, attention-grabbing,

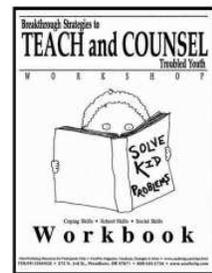
more effective methods to prevent or manage those exact concerns. This workshop will precisely target your staff's most important concerns then deliver ready-to-use, real-world solutions they can use the very next day. In addition, this workshop will put your participants "inside" their students' "skin." Your staff members will gain a deeper understanding of what makes troubled and problem students "tick." then they will learn targeted methods to precisely address those concerns. This reduces the use of "one-size-fits-all" interventions that fit no one. This course delivers methods designed and tested by counselors specifically for use with young students who face challenges and struggle.

Youth Change can provide full and part day workshops in any configuration, including a 10 hour option over two sessions. Youth Change warranties your participants, meaning that we maintain a toll-free help line, huge resource website with a special area for workshop past participants. Plus we man a toll-free Live Expert Help line and a Live Expert Help web page, all designed to be ready to help with any new classroom management concerns that develop once your course concludes. This is a never-ending warranty. We stand behind our workshop, and we stand behind your staff. After our workshop, your staff won't be alone in their offices or classrooms anymore. Youth Change Workshops will be right there with them.

BREAKTHROUGH STRATEGIES to TEACH & COUNSEL TROUBLED STUDENTS WORKSHOP

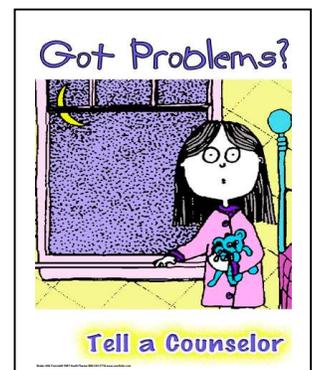
Course Overview

Your counselors and teachers will bring their most serious student problems with them to the **Breakthrough Strategies to Teach and Counsel Troubled Students Workshop**, and they will receive hundreds of practical, problem-stopping, ready-to-use interventions on the spot. This professional development inservice delivers the best answers for your worst K-2 student problems, and shows your staff exactly how to create a positive, safe, productive learning environment-- even for young students that have evidenced significant or chronic emotional, social, and in school problems.



The Breakthrough Strategies to Teach Troubled and Problem Students Workshop

delivers 200 ready-to-use, more effective strategies for any type of student and any type of problem. Your participants will name the problems at the start of the course, then systematically learn solutions. Your counselors and teachers will learn the newest, most effective methods that exist. An example worksheet is shown at right. This strategy is used to actually teach young students how to get help from counselors. Our strategies teach youngsters everything they need to know to succeed with the counselor and in the classroom. Our approaches cover all manner of children's problems from hitting to refusing to work in school,



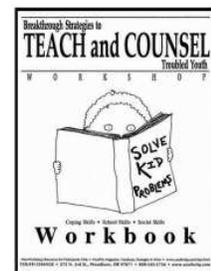
from family issues to peer problems. These strategies have been designed to turnaround defiant, unmotivated, traumatized, out-of-control, special needs, difficult, truant, violent, conduct disordered, oppositional, emotionally disturbed, depressed, non-compliant, learning disabled, and withdrawn children in grade K-2. This course can easily include additional grades without a drop in quality or effectiveness. This workshop offers updated, innovative solutions that are more effective than conventional approaches. Participants learn how to identify different types of student social, emotional, and school problems, and to match the intervention to the specific problem, allowing the counselor or teacher to more precisely and quickly target and solve the concerns they encounter. This increased precision and speed will make counselors and others more effective at reaching young students and creating positive change. The strategies can give teachers back many hours of instruction time that otherwise would have been lost. Your staff will become expert managing all the varied social and emotional problems that today's K-2 students present on a regular basis.



This course is available over 10 hours, with a 6 hour initial, one day session, followed by a 4 hour block. This course will cover Grades Pre-K through 2, but can be expanded to include additional grades without any drop in effectiveness.

Course Outline

Your counselors and teachers name the top problem areas they see in their students, then the course delivers approximately 200 interventions for K-2 youngsters. These interventions will be specifically designed for use with K-2 students, and will draw on play therapy, experiential activities, art, music, contests, quizzes, posters, cartoons, games, scavenger hunts, worksheets, and traditional group and individual therapy approaches. Interventions will be offered for all manner of problems including family concerns, school problems, and social difficulties. All methods will be appropriate for use by counselors, therapists, social workers, teachers, and aides, but can be easily adapted for use by parents, bus drivers, support staff, and other adults.



Your staff identify their students' problem areas, then innovative, more effective interventions for those problems are offered in three major sections:

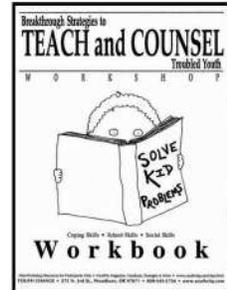
- **Coping Problems--** Strategies for K-2
Includes hitting, defiance, aggression, family problems, depression, withdrawal, anxiety, grief, abuse, and any other areas requested by your staff
- **School Problems--** Strategies for K-2
Includes refusing to work in school, tardiness, disrespect to teacher, anxiety, misbehavior in school, bus behavior problems, class discussion skills, poor motivation, boredom, ADD, ADHD, and any other areas requested by your staff
- **Social Problems--** Strategies for K-2
Includes managing conduct disorders and oppositional-defiant children, peer interaction problems, bullying, defiance, interacting with diverse peers, community behavior skills, interpersonal skills, opposite-gender skills, and any other areas requested by your staff

Each section is approximately 3 hours long, plus we include an Introduction and Closing section as well. Staff are always free to make comments, ask questions, or make any contribution they wish at any time. Staff will view interventions in PowerPoint, but also will view live demonstrations, hear audio clips from students, participate in experiential elements, and see three display tables full of additional interventions.

Course Results

For 20 years, Youth Change Workshops has provided workshops that offer counselors, teachers, special educators, principals, social workers, psychologists, and foster parents powerful, cutting-edge methods to reduce violence, withdrawal, family problems, depression, ADD, ADHD, school failure, work refusal and apathy. Participants crisscross the U.S., sit for

hours in Los Angeles traffic, fly in from Japan and Australia, crash full sessions, and brave winter snow storms to attend this class-- and actually still say "It was worth the trip!" Don't take our word for our results. Listen to our participants. Full, signed letters are available for your review. Here are some typical reactions to Youth Change's workshops:



"Your workshop presentation played a significant role in better equipping staff for the challenges and privilege of working with these children." Jinna Risdal, Washington Primary Intervention Conference

"Four years ago I took a group of teachers to your workshop. It changed my life. I gained a new understanding of the students I work with and now share your strategies as part of my new teacher training each year. Your workshop ranks as my number one ever in all my years of education." Kristie McCuston, Vice Principal, Garland, TX

"Most interesting, useful workshop I've ever been to." Phyllis Eccles, Special Ed Teacher, Hillsboro Elementary School, Hillsboro, TX

"Incredibly useful. Inspiring." Caryn Curry, Counselor, Lincoln School, E. Chicago, IN

"Absolutely phenomenal! A Great deal of useful information." Jami Giamusso, Washington Learning Disability Association

"Just a fabulous, life changing two days."
Bernadette Ostrozovich, Outreach Instructor, Indianapolis, IN

"So many good ideas, I couldn't write fast enough."
Diana Borg, Teacher, O'Fallon, MO

"Can't wait to share your ideas with our staff. I loved the way you tailored the interventions to the type of student. It was refreshing to finally attend a workshop where the presenter actually presented and didn't fill the workshop with 'touchy feely' activities with little relevance." Sally McAfee, Coordinator of Alternative Education, Corvallis, OR

"I attended a workshop several years ago...5, 6 or 7 years...I don't quite remember. But I remember the impact that workshop made on me like it was yesterday. I remember you handing out little strips of paper, giving each workshop participant about 15 pieces of paper, with a wide range of problems young people face every day. Some were simply life situations, grandmother's death, argument with best friend. But some were so horrific...being molested, being hungry with no food in the future, being beaten. I realized that day that I never know what a student may be facing everyday. So thank you again for that lesson that I have kept with me every day in working with my students." Cathy Harper, Mother Lode Job Training, Sonora, CA.

Additional Details



About Youth Change Workshops

For more than twenty years, Youth Change Workshops has been one of the nation's leading providers of professional development training for counselors, social workers, psychologists, special educators, teachers, and juvenile court workers. Learn more about us on our website, www.youthchg.com. We are located at 275 North Third Street, Woodburn, Oregon 97071. Reach us toll-free at 1.800.545.5736. Our fax is 1.503.982.7910. Email our Director, Ruth Herman Wells, M.S. at dwells@youthchg.com.

For two decades, our workshop participants have rated our sessions as over 9 on a scale of 1 to 10. We want your event participants to agree so we are happy to answer any questions prior to booking our workshop.

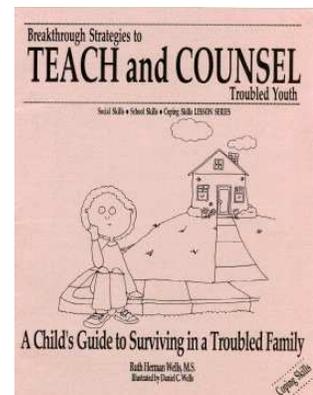
After your event, we will stand behind your participants with our never-ending warranty. We are always available to your attendees to assist them with expert help to best manage any concerns that develop with their students.

About the Instructor



Veteran instructor, Ruth Herman Wells, M.S. is the author of dozens of books, videos and articles on helping challenged and problem students to succeed in school and life. She is the director of Youth Change Workshops, and has written four popular books for Pro Ed Publishers, one of the world's largest publishers of resources for challenged and special needs students. She writes a regular column for SEEN Magazine, and has appeared in the Child Welfare Report, The Corrections Compendium, and countless other publications. Ruth has trained staff in every imaginable setting from elementary schools to high schools, from Job Corps to mental health hospitals, from correctional programs to adult schools, from Pre-K programs to colleges. Ruth has trained staff from the Florida Keys to the Arctic Circle. People routinely travel from as far away as Australia, Japan and the United Kingdom to learn from Ruth how to better reach and teach their students. Ruth delivers concrete, practical, cutting-edge learning interventions everywhere she goes, and she can deliver immediate, measurable results for your participants too.

Ruth has managed many types of mental health settings including independent living programs and day treatment. Her mental health background stretches back many years, and Ruth is especially known for explaining what makes children tick, then showing you exactly what you can do to help. She knows the best solutions that exist for juvenile mental health concerns backwards and forwards, and after she finishes training your staff, they will know those solutions too.



Ruth's lively, hard-to-resist presentation style will encourage your staff to speak out and get involved in the presentation. Your conference participants will name the problem areas they see

in their offices, groups, and classes, then Ruth will deliver some of the most innovative, effective methods that exist. Ruth's methods were honed with children and youth in therapy settings, classrooms, special ed, locked justice settings, and mental health agencies. Ruth will be prepared to provide active learning interventions for any age group, and for any type of student and any type of emotional, social, or school problem. Ruth specializes in solutions for young students, aggression, classroom management problems, poor motivation, negative attitudes, discouragement, procrastination, poor study skills, inadequate organizational skills, difficulty communicating, social skill concerns, anxiety, overwhelm, crisis, apathy, lateness, and absenteeism. Ruth has methods especially designed to work well with students from diverse backgrounds, students who have difficulty learning English, and students who face multiple barriers to academic success.

The methods Ruth features in her workshops were created in agencies, schools, and treatment centers with students just like yours. The results of those efforts have been documented and published in many venues. One program that Ruth directed showed a remarkable graduation rate of 90% for dropouts, as well as a 10% recidivism rate for juvenile offenders. That program also documented reductions in tardiness and absenteeism. One Washington State school district using these methods noted reductions in referrals to detention and suspension, and that district won the state education association's Most Improved School District award after incorporating these approaches. Ruth's work draws heavily on well-researched mental health, education, and psychology studies including Stanton Samenow's work on conduct disorders and oppositional-defiant children. Ruth's interventions are designed to work when conventional methods fail, and were created to help you enhance your results with your students who are struggling.

Read what people say about Ruth Herman Wells, M.S:

"5 hours in L.A. gridlock. Your information brought me back." Judi Hynen, School Counselor, Los Angeles, CA

"Bam! Pow! Instructor hits you right between the eyes with lots of new approaches, ideas and information." Patty Boland, McGrath School, Napa State Hospital, Napa CA

"We were desperate. Now there's hope" Sandra Carpenter, Teacher, Lancaster, OH

Workshop Cost

Youth Change normally charges a flat fee that includes travel, lodging and all fees, however other pricing arrangements can be made if necessary. For your workshop, we can provide 10 hours of instruction over 2 sessions, per the outline included above. Other time configurations are available, including one day options. The course will cover students Grades K through 2, but can easily be altered to include more grades. We also provide you with the master copy of our course workbook so you can duplicate the booklet for your staff. The fee for the sessions permits you to include any number of participants. Let us know if you need other time configurations or budget options, and we can price them for you. To receive a quote or book this course, contact Ruth Herman Wells, Director, Youth Change Workshops, 1.800.545.5736 or email dwells@youthchg.com.

Availability of dates is limited-- especially in spring and summer. It is important to note that many dates are booked far ahead, so contact Ruth as soon as you can to place a tentative or definite hold on your choice of days while that date is still available.

Call 1.800.545.5736 to Schedule Your Event Now

Popular Dates are Quickly Taken

Book Now or Place a No-Obligation Hold on Your Dates

Youth Change Workshops

Your Problem Student Problem-Solver

1.800.545.5736 dwells@youthchg.com www.youthchg.com

